

Tonight is the Night of Shavuot. This Night of May 18, 2010 which is Sixth of Sivan.

The ARI recommends that we stay up all night and follow this Kabbalistic order of Study: The ARI (Rabbi Issac Luria) actually states that if one completes this order of study and stays up all night doing this one will merit to live until Rosh HaShana without chaos. This is TRUE Life Insurance.

This order of Study starts with The Torah - all 24 Books. We generally read the First 3 Verses and the Last 3 Verses in each Parasha or book. In some places we read additional Verses. An example of this is the actual Giving of the Torah in the Parasha of Yitro where we read all of the Esser Debrot.

The Kabbalistic Order of Study is as follows:

Say all of the below while facing East towards Jerusalem or the Rising of the Sun. You may say all of this while sitting or standing.

1. This step will cause your soul to knowingly do this Mitzvah with the proper Kavenah (intention).

Please say the following:

לשם יחוד קודשה בריך הוא ושכינתיה (יאהדונה) בדחילו  
ורחימו (יאההויה) ורחימו ודחילו (איההויה) ליחדה שם יו"ד  
הי בוא"ו הי ביחודה שלים (יהוה) בשם כל ישראל הנה  
אנחנו באים לקיים מצות תיקון ליל שבועות : לעשות  
נחת - רוח ליוצרנו ולעשות רצון בוראנו : ויהי נעם אדני  
אלהנו עלינו ומעשה ידינו כוננה עלינו ומעשה ידינו  
כוננהו :

Leshem Yechud Kudsha Berich Hu VeShekintay (יאהדונה) Bidchilu  
Urchimu (יאההויה) Urchimu Udchilu (איההויה) Leyachda Shem Yood

Hay and Vav Hay Beyachuda Shalaim (יהוה) BeShem Kol Israel Henay  
Anachnu Ba'Aim Lekayaim Mitzvat Tikun Lail Shavuot. LaAsot  
Nachat Ruach LeYotzranu VeLaAsot Ratzon Boranu. Vayhi Noam  
Adonai Elohainu Alainu UmaAsay Yadainu Connah Alainu Yamaseh  
Yadainu Conanaihu.

For the sake of unification between the Holy Blessed One and His  
Shechinah, with fear and love and with Love and Fear, in order to unify  
the Name Yood Hay and Vav Hay in perfect unity, and in the Name of  
all Israel, we have hereby come to fulfill the commandment of the  
Correction of the Night of Shavuot (Weeks). In order to give pleasure to  
our Maker and to fulfill the wish of our Creator. May the pleasantness  
of HaShem, our God, be upon us and may He establish the work of our  
hands for us and may the work of our hands establish Him.

2.

Beraishit (Genesis) Chapter 1 Verse 1 though Chapter 2 Verse 3;

Beraishit (Genesis) Chapter 6 Verse 5 to 8.

Noach Beraishit (Genesis) Chapter 6 Verse 9 to 11

Beraishit (Genesis) Chapter 11 Verse 30 to 32

Lech Lecha Beraishit (Genesis) Chapter 12 Verse 1 to 3

Beraishit (Genesis) Chapter 17 Verse 25 to 27

Vayera Beraishit (Genesis) Chapter 18 Verse 1 to 3

Beraishit (Genesis) Chapter 22 Verse 20 to 24

Chayai Sarah Beraishit (Genesis) Chapter 23 Verse 1 to 3

Beraishit (Genesis) Chapter 25 Verse 16 to 18

Toldot Beraishit (Genesis) Chapter 25 Verse 19 to 21

Beraishit (Genesis) Chapter 28 Verse 7 to 9

Vayetzai Beraishit (Genesis) Chapter 28 Verse 10 to 12

Beraishit (Genesis) Chapter 32 Verse 1 to 3

Vayishlach Beraishit (Genesis) Chapter 32 Verse 4 to 6

Beraishit (Genesis) Chapter 36 Verse 41 to 43



Vayeshev Beraishit (Genesis) Chapter 37 Verse 1 to 3

Beraishit (Genesis) Chapter 40 Verse 21 to 23

Mikketz Beraishit (Genesis) Chapter 41 Verse 1 to 3

Beraishit (Genesis) Chapter 44 Verse 15 to 17  
Vayegash Beraishit (Genesis) Chapter 44 Verse 18 to 20  
Beraishit (Genesis) Chapter 47 Verse 25 to 27  
Vayechi Beraishit (Genesis) Chapter 47 Verse 28 to 31  
Beraishit (Genesis) Chapter 50 Verse 24 to 26

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Beraishit (YuPHa)  (VuNa) 

Shmot (Exodus) Chapter 1 Verse 1 to 3  
Shmot (Exodus) Chapter 6 Verse 22 to 23 and Chapter 7 Verse 1  
Vayara Shmot (Exodus) Chapter 7 Verse 2 to 4  
Shmot (Exodus) Chapter 9 Verse 33 to 35  
Bo Shmot (Exodus) Chapter 10 Verse 1 to 3  
Shmot (Exodus) Chapter 13 Verse 14 to 16  
Beshallach Shmot (Exodus) Chapter 13 Verse 17 to 19  
Shmot (Exodus) Chapter 17 Verse 14 to 16  
Yitro Shmot (Exodus) Chapter 18 Verse 1 to 3  
Shmot (Exodus) Chapter 19 Verse 1 to 25  
Shmot (Exodus) Chapter 20 Verse 1 to 23  
Mishpatim Shmot (Exodus) Chapter 21 Verse 1 to 3  
Shmot (Exodus) Chapter 24 Verse 1 to 18  
Terumah Shmot (Exodus) Chapter 25 Verse 1 to 3  
Shmot (Exodus) Chapter 27 Verse 17 to 19  
Tezaveh Shmot (Exodus) Chapter 27 Verse 20 to 21 and Chapter 28  
Verse 1  
Shmot (Exodus) Chapter 30 Verse 8 to 10  
Ki Teitzei Shmot (Exodus) Chapter 30 Verse 11 to 13  
Shmot (Exodus) Chapter 34 Verse 33 to 35  
VayaKel Shmot (Exodus) Chapter 35 Verse 1 to 3  
Shmot (Exodus) Chapter 38 Verse 18 to 20  
Pekudai Shmot (Exodus) Chapter 38 Verse 21 to 23

Shmot (Exodus) Chapter 40 Verse 34 to 38

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Shmot (BuLa) בִּלְ (uNa) עֵן

Vayikra (Leviticus) Chapter 1 Verse 1 to 3

Vayikra (Leviticus) Chapter 5 Verse 24 to 26

Tzav Vayikra (Leviticus) Chapter 6 Verse 1 to 3

Vayikra (Leviticus) Chapter 8 Verse 34 to 36

Shemini Vayikra (Leviticus) Chapter 9 Verse 1 to 3

Vayikra (Leviticus) Chapter 11 Verse 45 to 47

Tazria Vayikra (Leviticus) Chapter 12 Verse 1 to 3

Vayikra (Leviticus) Chapter 13 Verse 57 to 59

Metzora Vayikra (Leviticus) Chapter 14 Verse 1 to 3

Vayikra (Leviticus) Chapter 15 Verse 31 to 33

Achrai Mot Vayikra (Leviticus) Chapter 16 Verse 1 to 3

Vayikra (Leviticus) Chapter 18 Verse 28 to 30

Kedoshim Vayikra (Leviticus) Chapter 19 Verse 1 to 3

Vayikra (Leviticus) Chapter 20 Verse 25 to 27

Emor Vayikra (Leviticus) Chapter 21 Verse 1 to 3

Vayikra (Leviticus) Chapter 24 Verse 21 to 23

Behar Vayikra (Leviticus) Chapter 25 Verse 1 to 3

Vayikra (Leviticus) Chapter 25 Verse 55 and Chapter 26 Verse 1 to 2

BeChukotai Vayikra (Leviticus) Chapter 26 Verse 3 to 5

Vayikra (Leviticus) Chapter 27 Verse 32 to 34

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Vayikra (BuRa) בִּרְ (HuTa) הֵת

Bamidbar (Numbers) Chapter 1 Verse 1 to 3  
 Bamidbar (Numbers) Chapter 4 Verse 17 to 20  
 Naso Bamidbar (Numbers) Chapter 4 Verse 21 to 23  
 Bamidbar (Numbers) Chapter 7 Verse 87 to 89  
 BehaAtlotcha Bamidbar (Numbers) Chapter 8 Verse 1 to 4  
 Bamidbar (Numbers) Chapter 12 Verse 14 to 16  
 Shach Lecha Bamidbar (Numbers) Chapter 13 Verse 1 to 3  
 Bamidbar (Numbers) Chapter 15 Verse 37 to 41  
 Korach Bamidbar (Numbers) Chapter 16 Verse 1 to 3  
 Bamidbar (Numbers) Chapter 18 Verse 30 to 32  
 Chukat Bamidbar (Numbers) Chapter 19 Verse 1 to 3  
 Bamidbar (Numbers) Chapter 21 Verse 34 to 35 and Chapter 22 Verse  
 1  
 Balak Bamidbar (Numbers) Chapter 22 Verse 2 to 4  
 Bamidbar (Numbers) Chapter 25 Verse 7 to 9  
 Pinchas Bamidbar (Numbers) Chapter 25 Verse 10 to 12  
 Bamidbar (Numbers) Chapter 28 Verse 26 to 31  
 Bamidbar (Numbers) Chapter 29 Verse 38 to 39 and Chapter 30 Verse  
 1  
 Matot Bamidbar (Numbers) Chapter 30 Verse 2 to 4  
 Bamidbar (Numbers) Chapter 32 Verse 40 to 42  
 Masai Bamidbar (Numbers) Chapter 33 Verse 1 to 3  
 Bamidbar (Numbers) Chapter 36 Verse 11 to 13

When one completes each Book during the reading there are some 2  
 Letter Names of God with the same vowels. One should say these  
 names out loud to open the gates for a stronger connection to the  
 Wisdom of the Torah.

Bamidbar (YuNa) יְיָ (HuTa) הַתְּ

Devarim (Deuteronomy) Chapter 1 Verse 1 to 3  
 Devarim (Deuteronomy) Chapter 3 Verse 20 to 22  
 VeEtchanan Devarim (Deuteronomy) Chapter 3 Verse 23 to 25  
 Devarim (Deuteronomy) Chapter 5 Verse 1 to 30

Devarim (Deuteronomy) Chapter 6 Verse 1 to 9  
 Devarim (Deuteronomy) Chapter 7 Verse 9 to 11  
 Ekev Devarim (Deuteronomy) Chapter 7 Verse 12 to 14  
 Devarim (Deuteronomy) Chapter 7 Verse 22 to 25  
 ReEh Devarim (Deuteronomy) Chapter 7 Verse 26 to 28  
 Devarim (Deuteronomy) Chapter 16 Verse 9 to 17  
 Shoftim Devarim (Deuteronomy) Chapter 16 Verse 18 to 20  
 Devarim (Deuteronomy) Chapter 21 Verse 7 to 9  
 Ki Teitzei Devarim (Deuteronomy) Chapter 21 Verse 10 to 12  
 Devarim (Deuteronomy) Chapter 25 Verse 17 to 19  
 Ki Tavo Devarim (Deuteronomy) Chapter 26 Verse 1 to 3  
 Devarim (Deuteronomy) Chapter 29 Verse 6 to 8  
 Nitzavim Devarim (Deuteronomy) Chapter 29 Verse 9 to 11  
 Devarim (Deuteronomy) Chapter 30 Verse 18 to 20  
 Vayelech Devarim (Deuteronomy) Chapter 31 Verse 1 to 3  
 Devarim (Deuteronomy) Chapter 31 Verse 28 to 30  
 Hazinu Devarim (Deuteronomy) Chapter 32 Verse 1 to 3  
 Devarim (Deuteronomy) Chapter 32 Verse 48 to 52  
 Zot HaBracha Devarim (Deuteronomy) Chapter 33 Verse 1 to 3  
 Devarim (Deuteronomy) Chapter 34 Verse 10 to 12

When one completes each Book during the reading there are some 2  
 Letter Names of God with the same vowels. One should say these  
 names out loud to open the gates for a stronger connection to the  
 Wisdom of the Torah.

Devarim (CaLa) כָּל (HuDa) הָדָה

The Book of Neviim (Prophets)

Joshua Chapter 1 Verse 1 to 3  
 Joshua Chapter 24 Verse 31 to 33

When one completes each Book during the reading there are some 2  
 Letter Names of God with the same vowels. One should say these

names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Devarim (BuRa) בְּרַ (BuNa) בְּנֵ  
Shoftim (Judges) Chapter 1 Verse 1 to 3  
Chapter 21 Verse 23 to 25

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Shoftim (BuWa) בְּוֵ (HuMa) הֵמָּ

Samuel 1 Chapter 1 Verse 1 to 3  
Samuel 2 Chapter 24 Verse 23 to 25

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Samuel (MuLa) מְלֵ (SHuMa) שְׁמָ

Kings 1 Chapter 1 Verse 1 to 3  
Kings 2 Chapter 25 Verse 23 to 25

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Kings (YuYa) יֵי (OoTa) אֵת

Isaiah Chapter 1 Verse 1 to 3  
Chapter 66 Verse 22 to 24

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Isaiah (LuLa) לל (WuWa) וו

Jeremiah Chapter 1 Verse 1 to 3  
Chapter 52 Verse 32 to 34

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Jeremiah (YuYa) יי (OoTa) תת

Ezekiel Chapter 1 Verse 1 to 28  
Chapter 3 Verse 12  
Chapter 48 Verse 33 to 35

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Ezekiel (YuHa) הו (SHuHa) שו

Hosea Chapter 1 Verse 1 to 3  
Chapter 1 Verse 8 to 10  
Joel Chapter 1 Verse 1 to 3

Chapter 1 Verse 19 to 21  
 Amos Chapter 1 to 3  
 Chapter 1 Verse 13 to 15  
 Obadyah Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 19 to 21  
 Yonah Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 9 to 11  
 Micah Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 18 to 20  
 NaHum Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 17 to 19  
 Habakuk Chapter 2 Verse 20  
 Habakuk Chapter 3 Verse 1 to 19  
 Tzafanya Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 18 to 20  
 Hagai Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 21 to 23  
 Zachaiah Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 19 to 21  
 Malachi Chapter 1 Verse 1 to 3  
 Chapter 1 Verse 22 to 24

When one completes each Book during the reading there are some 2  
 Letter Names of God with the same vowels. One should say these  
 names out loud to open the gates for a stronger connection to the  
 Wisdom of the Torah.

12 (Lessor) Prophets inc Malachi (HuTza) **הַיְי** (LuVa) **לֵי**

Kituvim (Writings)  
 Ruth Chapter 1 through Chapter 4

When one completes each Book during the reading there are some 2  
 Letter Names of God with the same vowels. One should say these  
 names out loud to open the gates for a stronger connection to the  
 Wisdom of the Torah.

Ruth (HuDa) הַדָּ

Tehillim (Psalms) Chapter 1 Verse 6

Chapter 150 Verse 1 to 5

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Tehillim (Psalms) (YuHa) הַיְ (HuHa) הַהַ

Job Chapter 1 Verse 3

Chapter 42 Verse 15 to 17

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Job (VuA) הַוְ (UVa) הַבְ

Mishlai Chapter 1 Verse 3

Chapter 31 Verse 10 to 31

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Mishlai (BuMa) הַבְ (LuHa) הַלְ

Kohellet Chapter 1 Verse 1 to 3

Chapter 12 Verse 12 to 14

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these

names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Kohellet (VuMa) וְיָ (UTa) אֶתְ

Shir HaShirim Chapter 1 Verse 1 to 3  
Chapter 8 Verse 12 to 14

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Shir HaShirim (HuYa) וְיָ (DuYa) וְיָ

Eicha Chapter 1 Verse 1 to 3  
Chapter 4 Verse 20 to 22

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Eicha (UDa) עַד (UMa) אֶם

Daniel Chapter 1 Verse 1 to 3  
Chapter 12 Verse 11 to 13

When one completes each Book during the reading there are some 2  
Letter Names of God with the same vowels. One should say these  
names out loud to open the gates for a stronger connection to the  
Wisdom of the Torah.

Daniel (LuTZa) לָצַ (LuCHa) לָדַ

Esther Chapter 1 Verse 1 to 3  
Chapter 10 Verse 1 to 1

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Esther (LuLa) לל (MuYa) מי

Ezra and Nehemnia Chapter 1 Verse 1 to 3  
Chapter 13 Verse 29 to 31

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Ezra and Nehemnia (UYa) יי (HuMa) הו

Chronicles 1 and 2 Chapter 1 Verse 1 to 3  
Chapter 36 Verse 21 to 23

When one completes each Book during the reading there are some 2 Letter Names of God with the same vowels. One should say these names out loud to open the gates for a stronger connection to the Wisdom of the Torah.

Chronicles (UYa) יי (URa) יר

After hearing the reading from the Tanach, please say the following Prayer Request:

Zohar Parasha Emor

Zohar Bereshit

Zohar Mishpatim

Next Study the 613 Mitzvoth either in English or Hebrew

Next study Ein Yakov for Shabbat 86 to 89 for the Holiday of Shavuot

Next study the Midrash Rabba for the Parasha of Yitro

There is additional tool to assist us in our spiritual work on this day. Each day of the year there are Tzadikim (Righteous People) who have chosen to leave this world on a particular day. There is a connection between these souls and this day. They ask us to utilize their connection to strengthen our own connection to our spiritual actions during this day. The more one learns about a particular Tzadik, the better is ones connection to their connection. All these actions are bringing us closer to Hashem.

Historically Birthdays have not been celebrated by the Jewish World until the last 200 - 300 years. Kabbalah teaches that the Birthdate represent the Keter or potential of the Soul while the Death Anniversary or Hilula represents the actual accomplishments of the Soul. While the Hilula is the stronger of the two from our perspective we can also utilize the Birth Date of a Tzadik to assist us in our spiritual connection.

The Tzadikim who died on Vav (Sixth) and Zion (Seventh) of Sivan are:

David HaMelech, David ben Yishai Avdicha Mishichecha

The Baal Shem Tov (1698-1760 which is 5520 in the Hebrew Calendar). Born in the Hebrew year "NaChaS, 5458, on Chai Elul. There is a difference of opinion whether the yahrzeit is the first or second day of Shevuos. If anyone has any knowledge of this please let me know. Thank You.

The Imrei Emes of Ger, Rabbi Avraham Mordechai Alter (1866-1948 which is 5708 in the Hebrew Calendar). He was the son of Reb Yehudah Leib, the Sfas Emes. Under his leadership, the Gerrer Chassidim grew to number over 100,000. A large portion of them were killed by the Nazis, yimach shemom. The Imrei Emes escaped and rebuilt the Gerrer Chassidus.

Rabbi Avraham Azriel, Mekubal of Yeshiva Beis El

Rabbi Yehuda Rosner(1944 which is 5704 in the Hebrew Calendar),  
Imrei Yehuda

Tzadikim on the 7th of Sivan

Rebenu Israel, the Baal Shem Tov

Hoshea ben Be'eri, Navi

Avraham ben Avraham , the famous Ger Tzedek of Vilna, originally the son of Count Pototski. His family was a well respected family, but he decided to become a Jew. He was from the same family of Sofia, after whom Sofia Park in Uman is named. He was killed for refusing to give up his newfound religion. The Vilna Gaon offered to save him through the use of Kabbala, but the Ger Tzedek refused. He said he wanted to give his life up "al kiddush Hashem". He also said that the souls of converts were those individuals that wanted to accept the Torah, but weren't able to because the rest of their nation didn't want to accept it.

Rabbi Zelig Reuvein ben Rabbi Tzvi Hirsch Bengis (1864-1953  
which is 5713 in the Hebrew Calendar) Av Beis Din in Yerushalaim

Rabbi Shmuel Ehrenfeld of Mattesdorf (1990 which is 5750 in the  
Hebrew Calendar)